

Wairoa Gorge Bike Park – COVID-19 Information



With the recent government implemented advisories around Covid19 we want to inform you who have booked a trip at The Gorge coming months with information to keep yourselves and staff up to date.

The Situation

As of today 17 March there are 20 confirmed cases in NZ and at least 2000 people and/or households who have self-isolated that includes foreign travellers that have arrived into NZ and are required to quarantine themselves for 14 days. Obviously, those who meet the criteria to self-isolate including incoming travellers or those with flu-like symptoms (coughing, high temperatures, shortness of breath) or are generally unwell on in poor health are encouraged to avoid public places and minimise contact with others.

That means contact The Gorge and let us know and we can reschedule.

Do not come to Ride at the Gorge if this is you!!

How it spreads

When someone who has COVID-19 coughs or exhales they release droplets of infected fluid. Most of these droplets fall on nearby surfaces and objects -such as desks, tables or telephones. People could catch COVID-19 by touching contaminated surfaces or objects –and then touching their eyes, nose or mouth. If they are standing within one metre of a person with COVID-19 they can catch it by breathing in droplets coughed out or exhaled by them. In other words, COVID-19 spreads in a similar way to flu. Most persons infected with COVID-19 experience mild symptoms and recover. However, some go on to experience more serious illness and may require hospital care. Risk of serious illness rises with age: people over 40 seem to be more vulnerable than those under 40. People with weakened immune systems and people with conditions such as diabetes, heart and lung disease are also more vulnerable to serious illness (World Health Organization, 2020).

The Ministry of Health continues to rate the risk of community outbreak as “low” and are not discouraging large public gatherings to date. We are keeping up to date with various authorities re the current risk assessments, at the moment indicators are there is little or no increase in the risk of contracting Coronavirus by riding at The Gorge if we mitigate as below. (we will be continually monitoring)

Mitigation

We are taking the following steps to control the risk:

We are letting all customers and staff that they are not to come to the Gorge if they have COVID-19 symptoms

OR

- have been overseas in the last 2 weeks
- have arrived back to NZ and been in touch or live in the same house
- or have had close contact with a person who has in the past 2 weeks.

We have

- Increased sanitation procedures are being implemented including hand sanitiser and hand washing facilities at the park- wash hand for 20 seconds with soap and water dry hands well!!!
- Don't touch your eyes nose and mouth with your hands!!
- No hand shaking/high fives or hugs of the staff please.
- We are monitoring the situation and screening our staff to ensure we cannot be part of any spread of the disease.

We may have to

- Limit seats on the shuttles
- Restrict rider numbers
- Reschedule trips.
- Something else we don't know about yet.

These are challenging times for all New Zealanders and while we are unsure about what the future holds, we have faith in our government organisations to provide sound advice based on best practice policy around managing Coronavirus.

If you are unsure or would like more information and or would like to reschedule then please contact us by emailing admin@nelsonmtb.club

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The Gorge